



# Section #1-Creating a Meaningful Connection with Your Child

*The Guiding Your Child through Difficult Times Workshop*

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# The type of influence you want to have on your child

*Throughout this week the focus has been on creating the right environment where your child can grow and develop. Today we conclude by discussing the type of influence that you want to have on your child.*

What kind of influence am I having on my child?

Does my child feel comfortable enough to come to me in a time of need?

Will my child come to me and ask for advice?

Do I take time to have meaningful conversations with my child?

Do I tell my child what to do or do I brainstorm ideas together with them to help them find solutions?